



Personal, Social and Health Education (PSHE)
and Citizenship Policy 2024

Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. Within the Primary School, children are encouraged to play a positive role in contributing to the life of the school and the wider community. Through this role, children develop their sense of self-worth. Planning includes units linked to the relationship education, drug education, finances, community living, anti-bullying and protective behaviours. Planning also includes units about rights and responsibilities and learn to appreciate what it means to be a positive member of a diverse multicultural society understanding British Values.

This policy links closely with school policies on:

- Personal Safety
- Science
- SMSC
- Behaviour
- Bullying
- Equal Opportunities
- Confidentiality Policy

Aims

The aims of personal, social and health education and citizenship are to enable the children to:

■ understand the school and British values; their impact on their daily lives and within the school and

the wider community including that of the Islamic faith

■ know and understand what constitutes a healthy lifestyle

- 📖 know how to keep themselves and others safe
- 📖 understand what makes for good relationships with others
- 📖 have respect and tolerance for others
- 📖 be independent and responsible members of the school community
- 📖 be positive and active members of a democratic society
- 📖 develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- 📖 develop a knowledge and appreciation of money and the effect it has on themselves and others
- 📖 develop good relationships with other members of the school and the wider community

Teaching and Learning

A range of teaching and learning styles support the development and learning within PSHE by placing an emphasis on interactive learning through including the children in discussions, investigations and problem-solving activities. Staff encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school events or involvement in an activity to help other individuals or groups less fortunate than themselves. Teachers organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. The school offers children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, who are invited into the school to talk about their role in creating a positive and supportive local community.

A range of teaching strategies will be used as appropriate. These will include:

Circle time, role-play, discussion – whole class, small group, 1:1, visitors e.g. PC, Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities. There

are weekly timetabled SEAL lessons in KS1 and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Star of the week Assembly. The whole school ethos promotes our work in PSHE and Citizenship, as set out in our Mission Statement and home-school agreement. In the Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson. The PSHE and Citizenship curriculum will be linked to our work **towards Schools status**. All classes use circle time to promote and discuss issues within PSHE and Citizenship, and where

appropriate we follow the Quality Circle Time model. The elected school council are actively involved in promoting PSHE and Citizenship issues, as are Buddies.

Planning

Al-Ikhlaas Primary School follows SEAL and AMS RE planning. This includes lesson plans linked to the curriculum and current legislation PSHE is taught in a variety of ways, but most weekly sessions. Sometimes PSHE is introduced through other subjects when links naturally occur. As there is a large overlap between the programme of study for religious education, the school values, British values and PSHE we teach a considerable amount of the curriculum through our religious education lessons and collective worship times.

PSHE is extended through activities and whole-school events, e.g. national weeks such as Anti-bully week. Through residential visits in Key Stage 2, pupils participate in activities to develop their self-esteem as well as having opportunities to develop leadership and co-operative skills. Within the school, children are encouraged to reflect on the Muslim and British values through observing and identifying good Muslim behaviour around the school and presenting certificates to their peers during celebration assemblies when they deem necessary.

Cross Curricular links

Links are made with PSHE and Citizenship in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning. Also in whole school events such as Enterprise Week, All About Me week, Mental Health Day etc.

S.E.A.L.

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be

- New Beginnings- Sept/ Oct
- Getting on and Falling out- Nov/ Dec
- Going for Goals - Jan/ Feb
- Good to be Me - Feb/Mar
- Relationships -Apr/ May
- Changes - June/ July

There will also be another topic taught during the school year called Say No to Bullying. SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings. These

skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life. Our ethos and PSHE curriculum ensure that we meet the 5 strands of Every Child Matters which states that every child has the right to: Be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution, and Achieve Economic Well-being.

Early Years Foundation Stage (Reception)

In EYFS PSHE is taught as an integral part of the curriculum covered during the year. Planning is related to the PSHE aspects of the children's work to the objectives set out in the EYFS guidelines. A further understanding is supported through 'how to develop a child's knowledge and understanding of the world'.

Teaching PSHE and citizenship to children with SEND

PSHE is inclusive to all children, whatever their ability. Planning is differentiated/adapted as needed to ensure all children can access the PSHE units and further develop themselves. Teachers provide learning opportunities that enable all pupils to make progress including the sourcing of alternative resources as necessary.

Assessment and recording

Teachers assess the children's work in PSHE by a variety of methods as they observe them during lessons following the specific learning objectives linked to the unit. Large books are used in each class to show examples of discussions, work undertaken and recordings through photographs.

Equal Opportunities

Provision for PSHE and Citizenship is in line with all of our policies and Every Child Matters guidance. All children have equal access to the PSHE and Citizenship curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

Parental and Community Involvement

Parents are invited to join in events in school, including class and SEAL assemblies and workshops on relevant themes. Parents are regularly informed of events and developments by Twitter and ClassDojo. Working with parents is a vital part of the whole school approach to PSHE and Citizenship. Aspects of it are included in our home – school agreement. There is also a section of our school website, showing our Healthy Schools work.

There will also be links with local businesses and councillors, as part of the work in Citizenship. We also work closely with the local mosque. We will involve outside agencies e.g. School Health Advisors, School Police liaison officer, dental health advisors etc. as much as possible to deliver aspects of the curriculum.

This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE and Citizenship curriculum for our children.

Monitoring and review

The PSHE subject leader is responsible for monitoring the standards of children’s work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

Review Date	Person	Position
Sep 2010	KB	HT
Sep 2011	KB	HT
Sep 2012	KB	HT
Sep 2013	KB	HT
Sep 2014	KB	HT
Sep 2015	KB	HT
Sep 2016	KB	HT
Sep 2018	KB/HM	HT/DH
Sep 2019	KB/HM	HT/DH
Sep 2020	KB/HM	HT/DH
Sep 2021	KB/HM	HT/DH
Sep 2022	KB/HM	HT/DH
Sep 2023	KB/HM	HT/DH
Sep 2024	KB/HM	HT/DH